

MONDAY:

POST 1:

What are you waiting for? We can help you cross that bridge to retirement today!

# **PROCRASTINATION IS THE THIEF OF TIME**

POST 2: Mindful Monday

It's easy to fall into the habit of paying all your bills and then throwing whatever money is left over each month into your retirement fund. While that strategy is better than saving nothing at all, you may not be saving as much as you should each month. Setting up automatic contributions to your retirement fund helps make saving part of your monthly routine. By treating saving for retirement like it's just another bill you have to pay, it's easier to build it into your budget. This way, you're not just saving the scraps at the end of the month.

(Source: Fool)

<https://www.fool.com/retirement/2021/01/02/3-ways-to-get-your-retirement-savings-back-on-trac/>